



Rita Angus Village

INDEPENDENT RESIDENTS

ACTIVITIES PROGRAMME

MARCH 2024



Week One

Friday 01 March

09:30 am	Shopping Trip - Supermarket Shopping 	Reception
11:00 am	Games-Pass the Ball Game	Village Lounge
11:00 am	Church Service- Catholic Communion	Family Room
01:30 pm	Housie	Village Lounge
03:00 pm	Yoga- Chair Yoga	Village Centre
04:30 pm	Enhanced Activities Programme Focus Group	Library

Saturday 02 March

01:00 pm	Movie - Residents Choice	Movie Theatre
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Sunday 03 March

Week Two

Monday 04 March

09:00 am	Triple A Circuit	Village Centre
09:30 am	Shopping Trip- The Warehouse 	Reception
10:00 am	Triple A Functional	Village Centre
11:00 am	Musical Bingo	Village Lounge
11:00 am	Bible Studies - Fellowship	Village Chapel
02:00 pm	Line Dancing with Bob	Village Centre
03:00 pm	Scrabble	Village Centre
04:30 pm	myRyman App Support	Village Lounge

Tuesday 05 March

11:00 am	Quiz- Mindbender (LINGO)	Village Centre
11:00 am	Out & About- Backyard Cafe 	Reception
11:00 am	Cards & Table Games - Rummikub	Village Lounge
01:30 pm	Housie	Dining Room
03:00 pm	Quiz- Jeopardy	Village Centre
04:00 pm	Village Host - Open Bar	Village Bar

Wednesday 06 March

09:30 am	Aqua Aerobics 	Pool
10:00 am	Out & About- Dowse Art Museum 	Reception

11:00 am	Quiz- Mind bender (Words in a Word)	Village Lounge
01:30 pm	Housie	Village Lounge
02:00 pm	Church Service- Presbyterian	Family Room
03:00 pm	SA Entertainer- Sam and Paul	Village Centre
04:30 pm	myRyman App Support	Village Lounge

Thursday 07 March

09:00 am	Triple A Circuit	Village Centre
10:00 am	Triple A Functional	Village Centre
11:00 am	Cards & Table Games- Rummikub	1st Floor Atrium
11:00 am	Village Choir with Jane Keller	Village Centre
11:30 am	Online Art Class	Virtual Events
02:00 pm	Quiz- Mind bender (Wheel of Fortune)	Village Lounge
03:00 pm	Entertainer- Brent	Village Centre
04:00 pm	Happy Hour	Village Bar

Friday 08 March

09:30 am	Shopping Trip - Supermarket Shopping 	Reception
11:00 am	Church Service- Catholic Communion	Family Room
11:00 am	Games- Table Skittles	Village Centre
01:30 pm	Housie	Village Lounge
02:00 pm	High Tea and International Women's Day Fashion Show	Village Lounge



Saturday 09 March

01:00 pm	Movie - Residents Choice	Movie Theatre
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Sunday 10 March


Week Three

Monday 11 March

09:00 am	Triple A Circuit	Village Centre
09:30 am	Shopping Trip- Moore Wilson 	Reception
10:00 am	Intervillage Event hosted by Malvina Major 	Reception
10:00 am	Triple A Functional	Village Centre
11:00 am	Bible Studies - Fellowship	Village Chapel
11:00 am	Musical Bingo	Village Lounge
02:00 pm	Line Dancing with Bob	Village Centre

03:00 pm	Scrabble	Village Centre
04:30 pm	myRyman App Support	Village Lounge

Tuesday 12 March

10:00 am	Out & About- Coastlands- Kapiti Coast 	Reception
11:00 am	Quiz- Mind bender (Words in a Word)	Village Centre
11:00 am	Cards & Table Games - Rummikub	Village Lounge
01:30 pm	Housie	Dining Room
03:00 pm	Charades	Village Centre
04:00 pm	Village Host - Open Bar	Village Bar


Wednesday 13 March

10:00 am	Out & About- Uncle Leo's Bakery 	Reception
11:00 am	Support Group- Parkinson's Group	Family Room
11:00 am	Quiz- Mind bender (Words in a Word)	Village Lounge
01:30 pm	Housie	Village Lounge
02:00 pm	Church Service- Salvation Army	Family Room
03:00 pm	Wine Club Hosted by Villa Maria	Virtual Events
03:00 pm	Screening of Virtual Event- Wine Tasting	Village Centre
04:00 pm	Entertainer- Rolando Catalan	Village Lounge

Thursday 14 March

09:00 am	Triple A Circuit	Village Centre
10:00 am	Triple A Functional	Village Centre
11:00 am	Games- Name that Tune	Village Lounge
11:00 am	Cards & Table Games- Scrabble	1st Floor Atrium
02:00 pm	Quiz with June	Dining Room
03:00 pm	St Patricks Day- Pre-celebration	Village Lounge
03:00 pm	Entertainer- Rhys	Village Centre
04:00 pm	Happy Hour	Village Bar

Friday 15 March

09:30 am	Shopping Trip - Supermarket Shopping 	Reception
11:00 am	Games- Pass the Ball Game	Village Lounge
11:00 am	Church Service- Catholic Communion	Family Room
01:30 pm	Housie	Village Lounge
03:00 pm	Zumba Gold with Loren	Village Centre

04:30 pm	myRyman App Support	Village Lounge
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Saturday 16 March


01:00 pm	Movie - Residents Choice	Movie Theatre
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Sunday 17 March


02:30 pm	St Patricks Day- High Tea	Village Lounge
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Week Four



Monday 18 March

09:00 am	Triple A Circuit	Village Centre
09:30 am	Shopping Trip- The Warehouse 	Reception
10:00 am	Triple A Functional	Village Centre
11:00 am	Bible Studies - Fellowship	Village Chapel
11:00 am	Musical Bingo	Village Lounge
01:30 pm	Line Dancing with Bob	Village Centre
03:00 pm	Transition to Serviced Apartment Presentation w/ Judith	Movie Theatre
04:30 pm	myRyman App Support	Village Lounge

Tuesday 19 March

11:00 am	Out & About- Whirinaki Whare Tounge 	Reception
11:00 am	Cards & Table Games - Rummikub	Village Lounge
11:00 am	Quiz- Mind bender (Words in a Word)	Village Centre
01:30 pm	Housie	Dining Room
03:00 pm	Quiz- Jeopardy	Village Centre
04:00 pm	Village Host - Open Bar	Village Bar

Wednesday 20 March

09:30 am	Aqua Aerobics 	Pool
10:00 am	 CANCELLED Out & About- Penthouse- The Great Escaper	Reception
11:00 am	Quiz- Mind bender (Words in a Word)	Village Lounge
11:30 am	Tai Chi	Virtual Events
11:30 am	Out & About- Penthouse- The Great Escaper	Reception
01:30 pm	Housie	Village Lounge
02:00 pm	Church Service- Anglican	Movie Theatre
03:00 pm	SA Entertainer- Brent	Village Centre

06:00 pm	Fine Dining- Happier Together \$45.00 🚩	Village Centre
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Thursday 21 March

09:00 am	Triple A Circuit	Village Centre
10:00 am	Triple A Functional	Village Centre
11:00 am	Cards & Table Games- Scrabble	1st Floor Atrium
11:00 am	Village Choir with Jane Keller	Village Centre
11:00 am	Church Service- Catholic Mass	Movie Theatre
03:00 pm	Entertainer- Kevin G.	Village Lounge
04:00 pm	Happy Hour	Village Bar

Friday 22 March

09:30 am	Shopping Trip - Supermarket Shopping 🚩	Reception
11:00 am	Games- Table Skittles	Village Centre
01:30 pm	Housie	Village Lounge
03:00 pm	Yoga- Chair Yoga	Village Centre
04:30 pm	myRyman App Support	Village Lounge

Saturday 23 March

01:00 pm	Movie - Residents Choice	Movie Theatre
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Sunday 24 March


Week Five

Monday 25 March


09:00 am	Triple A Circuit	Village Centre
09:30 am	Shopping Trip- Moore Wilson 🚩	Reception
10:00 am	Triple A Functional	Village Centre
11:00 am	Bible Studies - Fellowship	Village Chapel
11:00 am	Musical Bingo	Village Lounge
02:00 pm	Line Dancing with Bob	Village Centre
03:00 pm	Scrabble	Village Centre
04:30 pm	myRyman App Support	Village Lounge

Tuesday 26 March

11:00 am	Cards & Table Games - Rummikub	Village Lounge
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11:00 am	Quiz- Mind bender (Words in a Word)	Village Centre
11:30 am	Out & About- Naenae Bowling Club 	Reception
01:30 pm	Housie	Dining Room
03:00 pm	Charades	Village Centre
04:00 pm	Village Host - Open Bar	Village Bar

Wednesday 27 March

10:00 am	Out & About- La Cloche Kaiwharawhara 	Reception
11:00 am	Quiz- Mind bender (Words in a Word)	Village Lounge
01:30 pm	Housie	Village Lounge
02:00 pm	Church Service- Catholic	Family Room
02:30 pm	Residents Birthday Celebration	Ground Floor,Atrium
02:30 pm	Mens Club	Library
03:00 pm	SA Entertainer	Village Centre
04:30 pm	myRyman App Support	Village Lounge

Thursday 28 March

09:00 am	Triple A Circuit	Village Centre
10:00 am	Triple A Functional	Village Centre
11:00 am	Te Reo for Beginners	Virtual Events
11:00 am	Games- Name that Tune	Village Lounge
11:00 am	Cards & Table Games- Scrabble	1st Floor Atrium
02:00 pm	Quiz with June	Dining Room
04:00 pm	Happy Hour	Village Bar

Friday 29 March

10:30 am	Church Service- Greek Orthodox	Family Room
11:00 am	Church Service- Catholic Communion	Movie Theatre

Saturday 30 March

01:00 pm	Movie - Residents Choice	Movie Theatre
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Sunday 31 March

KEY:  - Featured Event. \$ - Paid events.  - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.



Rita Angus Village

INDEPENDENT RESIDENTS

FEATURED EVENTS

MARCH 2024



Yoga- Chair Yoga

Friday 1 March | 03:00 pm

Reap the mental and physical health benefits of our gentle yoga sessions. Yoga is an ancient practice that brings together the mind and body with breathing exercises, meditation and poses that are designed to encourage relaxation and reduce stress.

Enhanced Activities Programme Focus Group

Friday 1 March | 04:30 pm

Be the driving force behind your enhanced activities and lifestyle programme. We want you to tell us what you love to do!

Your village Resident Experience Team will host these monthly focus groups for all independent residents to attend and share ideas for new activities and events.

Line Dancing with Bob

Monday 4 March | 02:00 pm

Come along and get your boot scootin' feet moving at our line dancing class, suitable for both beginners and experienced dancers. Line dancing is one of the most fun forms of dancing around and does not require a partner.

myRyman App Support

Monday 4 March | 04:30 pm

I would be happy to help you with setting up your MyRyman app on your devices. I can guide you through the process of downloading, logging in, and demonstrate what the MyRyman app is capable of. Please let me know when you are available and we can get started.

Quiz- Jeopardy

Tuesday 5 March | 03:00 pm

Test your knowledge of worldwide trivia and general knowledge at the always-popular village quiz! Join a team and be quizzed on a variety of fun and interesting topics.

Based on the TV game show, this quiz-style game is fun and requires some focus and general knowledge.

We will divide participants into two teams; each team takes turns choosing the category and points they want to play. The team with the most points at the end of the game is the winner.

Aqua Aerobics

Wednesday 6 March | 09:30 am | 🚩 RSVP Required | 10 spaces

Join Loren in her aqua aerobics class for a great low-impact workout that improves balance, increases strength, and helps to heal from injury.

Water supports your body, putting less stress on your joints and muscles while you exercise. And the best thing is... it's fun!

Please don't forget to book in! 10 spaces per class only.

High Tea and International Women's Day Fashion Show

Friday 8 March | 02:00 pm

There is nothing quite like an elegant high tea of delectable savouries and divine sweet treats complemented with teas and coffee as we celebrate International Women's Day.

More information to be announced soon. :)

Intervillage Event hosted by Malvina Major

Monday 11 March | 10:00 am | 🚩 RSVP Required | 11 spaces

Malvina Major is organizing a picnic day at Onslow Park on March 11th. The park is located next to Malvina Major on the northern end, near the Raroa Railway Station. The picnic will include a relay race involving all 11 guests, starting at 11am. This is a "Bring Your Own Lunch" event, and the village will provide snacks in the afternoon.

Let's all hope we can add another trophy to the village's collection!!!! :)

Charades

Tuesday 12 March | 03:00 pm

If guessing correctly is your forte, we've got a game for you! Charades will have you guessing the correct words from gestures or acting out movements. Let the best guesser win!

Support Group- Parkinson's Group

Wednesday 13 March | 11:00 am

Do you feel like sometimes you just need someone to talk to, who understands? Join our kind and caring group to give and receive support.

Screening of Virtual Event- Wine Tasting

Wednesday 13 March | 03:00 pm

If you would like to enjoy this virtual event in the company of your fellow residents, we will be screening this event in the village.

Please join us for a virtual wine club hosted by Villa Maria Hawkes Bay Winemaker, Sophie Harris.

Enjoy tasting a selection of wines from their Leftfield range!

* Leftfield Pinot Gris

* Leftfield Rose

* Leftfield Pinot Noir

St Patricks Day- Pre-celebration

Thursday 14 March | 03:00 pm

It's time to get out the green attire and shamrocks, and celebrate St Patrick's Day! This day commemorates Saint Patrick and celebrates the Irish heritage and culture.

Celebrate with us as Rhys entertains us with his good music.

Zumba Gold with Loren

Friday 15 March | 03:00 pm

Our Zumba Gold is a lower intensity version of the typical Zumba class. It contains easy-to-follow choreography that focuses on balance, cardiovascular fitness, and coordination. Come ready to have fun, and leave feeling strong and empowered!

St Patricks Day- High Tea

Sunday 17 March | 02:30 pm

It's time to get out the green attire and shamrocks, and celebrate St Patrick's Day! This day commemorates Saint Patrick and celebrates the Irish heritage and culture.

Transition to Serviced Apartment Presentation w/ Judith

Monday 18 March | 03:00 pm

Are you thinking of making the move from independent living to serviced apartment living? Come along to this informative presentation to learn more about whether a serviced apartment lifestyle is right for you.

Out & About- Whirinaki Whare Tonga

Tuesday 19 March | 11:00 am |  RSVP Required | 11 spaces

A series of lunchtime concerts given by performance students from Te Kōkī New Zealand School of Music.

Enjoy some of the finest young musicians in the country.

Lunchtime Live is brought to you by Whirinaki Whare Taonga, The Upper Hutt Concert Grand Piano Trust and Te Kōkī New Zealand School of Music at Victoria University of New Zealand.

Entry by donation. Proceeds to the Upper Hutt Concert Grand Piano Trust.

Out & About- Penthouse- The Great Escaper

Wednesday 20 March | 11:30 am

The Great Escaper is a 2023 biographical drama film directed by Oliver Parker, written by William Ivory, and starring Michael Caine and Glenda Jackson. It is based on the true story of 89-year-old British World War II Royal Navy veteran Bernard Jordan who "broke out" of his nursing home to attend the 70th anniversary D-Day commemorations in France in June 2014.

For App Users who wish to book and put their names in, please ring Rita at the reception to put your names in.

Thank you so much and apologies for my mistake.

Fine Dining- Happier Together

Wednesday 20 March | 06:00 pm | \$45.00 | 📅 RSVP Required

Dine in style when you join us for this delightful culinary experience, enjoying a menu designed by our very own village chefs. An experience not to be missed.

This month's fine dining theme celebrates "International Happiness Day". The 'Happier Together' theme reminds us that lasting happiness comes from feeling connected to others and being part of something bigger, especially during times of uncertainty and conflict.

Come join us as we celebrate this day, and be happy together with your Rita Angus family.

Residents Birthday Celebration

Wednesday 27 March | 02:30 pm

It's celebration time! We would like to mark this special occasion and invite you to celebrate with fellow residents who share your birthday month.

It's also a day for us to enjoy good music and good food with the village residents.

Mens Club

Wednesday 27 March | 02:30 pm

For the blokes only - make new friends in our men's club, which creates opportunities for the men in our village to interact, socialise, share common interests, and go on outings together.