

Special Care – myRyman Life

The following activities are available in the mornings with the care companions on an ad hoc basis

- Active recreation – croquet, bowls, pentaque, mini golf
- Reading and poetry
- Knitting, embroidery, crochet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation
- Walking group
- Resident choir
- Reminiscing discussion
- Activities of daily living – making soups, baking, laundry, dishes
- Craft activities – making cards, adult colouring, painting

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1 Easter Monday
11.15am Active Games
2.30pm Craft in your mind
4.00pm Mind Benders

2
11.15am Memory dice
1.30pm Walking bus
2.30pm Tim Janis
4.00pm Balloon tennis

3
11.15am Trivia & quiz
2.30pm Happy Hour with Shirley
4.00pm Hand & nail spa

4
11.15am Reminiscing autumn
2.30pm Ice cream decoration
4.00pm Floor game

5
11.00am Pet therapy
11.15am Leaf collage
1.00pm Church service
1.30pm Out & About
4.00pm Story time

6
11.15am Quoits
2.30pm Musical quiz
4.00pm Kinetic sand

7
11.15am Mind Benders
2.30pm Active Games
4.00pm Musical bingo

8
11.15am Active Games
2.30pm Men's Club
4.00pm Mind Benders

9
11.15am Memory Lane
1.30pm Walking bus
2.30pm Flower smell
4.00pm Golf target

10
11.15am Word game
2.30pm Happy Hour with Mike
4.00pm Pamper time

11
11.15am Memory Lane
2.30pm Garden time
4.00pm Table game

12
11.00am Pet therapy
11.15am Leaf painting
1.00pm Church service
1.30pm Out & About
4.00pm Poet's Corner

13
11.15am Table games
2.30pm Sing-along
4.00pm Hand massages

14
11.15am Mind Benders
2.30pm Active Games
4.00pm Musical quiz

15
11.15am Active Games
2.30pm Anzac craft
4.00pm Mind Benders

16
11.15am Memory ball
1.30pm Walking bus
2.30pm Fruit tasting
4.00pm Basketball

17
11.15am Word search
2.30pm Happy Hour with David
4.00pm Hand & nail spa

18
11.15am Memory dice
2.30pm Guess the object
4.00pm Floor game

19
11.00am Pet therapy
11.15am Anzac craft
1.00pm Church service
1.30pm Out & About
4.00pm Story time

20
11.15am Ball games
2.30pm Various karaoke
4.00pm Pamper time

21
11.15am Mind Benders
2.30pm Active Games
4.00pm Guess the song

22
11.15am Active Games
2.30pm Men's Club
4.00pm Mind Benders

23
11.15am Memory card
1.30pm Walking bus
2.30pm Herbal tea tasting
4.00pm Toss & catch

24
11.15am Word in word game
2.30pm Happy Hour with Derek & Lynn
4.00pm Pamper time

25 Anzac Day
10.00am Village Anzac service
11.15am Anzac reminiscing
2.30pm Anzac biscuits
4.00pm Table games

26
11.00am Pet therapy
11.15am Autumn wreath
1.00pm Church service
1.30pm Out & About
4.00pm Poet's Corner

27
11.15am Balloon tennis
2.30pm Sing-along
4.00pm Hand spa

28
11.15am Mind Benders
2.30pm Active Games
4.00pm Musical Moments

29 International Dance Day
11.15am Active Games
2.30pm International Dance demo
4.00pm Mind Benders

30
11.15am Memory ball
1.30pm Walking bus
2.30pm Guess the object
4.00pm Floor games

* Every Day
9.45am News & Views
10.30am Triple A
3.30pm Triple A