

Special Care – myRyman Life Side B

The following activities are available in the mornings with the care companions on an ad hoc basis

- Active recreation – croquet, bowls, pentaque, mini golf
- Reading and poetry
- Knitting, embroidery, crochet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation
- Walking group
- Resident choir
- Reminiscing discussion
- Activities of daily living – making soups, baking, laundry, dishes
- Craft activities – making cards, adult colouring, painting

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1 * Easter Monday

9.30am Reading
10.30am Sensational Senses
1.30pm Out & About
3.30pm Musical Moments

2 *

9.30am Sensational Senses
10.30am Kiwi quiz
1.30pm Unit walk
2.30pm Baking/gardening
3.30pm Mind Benders

3 *

9.30am Bible reading
10.30am Gospel songs
1.30pm Unit walk
2.30pm Make & Create/stories
3.30pm Memory Lane

4 *

9.30am Kiwi quiz
10.30am Musical Moments
1.30pm Entertainment
3.30pm Happy Hour

5 *

9.30am Reading
10.30am Mind Benders
1.30pm Board writing
2.30pm Musical Moments
3.30pm Active Games

6 *

9.30am Memory Lane
10.30am Outdoors
1.30pm Movies & ice-cream
3.30pm Making Memories

7 *Daylight Savings

9.30am Board writing
10.30am Musical Moments
1.30pm Unit walk
2.30pm Bingo/story time
3.30pm Mind Benders

8 *

9.30am Reading
10.30am Sensational Senses
1.30pm Out & About
3.30pm Musical Moments

9 *

9.30am Sensational Senses
10.30am Kiwi quiz
1.30pm Unit walk
2.30pm Baking/gardening
3.30pm Mind Benders

10 *

9.30am Bible reading
10.30am Gospel songs
1.30pm Unit walk
2.30pm Make & Create/stories
3.30pm Memory Lane

11 *

9.30am Kiwi quiz
10.30am Musical Moments
1.30pm Entertainment
3.30pm Happy Hour

12 *

9.30am Reading
10.30am Mind Benders
1.30pm Board writing
2.30pm Musical Moments
3.30pm Active Games

13 *

9.30am Memory Lane
10.30am Outdoors
1.30pm Movies & ice-cream
3.30pm Making Memories

14 *

9.30am Board writing
10.30am Musical Moments
1.30pm Unit walk
2.30pm Bingo/story time
3.30pm Mind Benders

15 *

9.30am Reading
10.30am Sensational Senses
1.30pm Out & About
3.30pm Musical Moments

16 *

9.30am Sensational Senses
10.30am Kiwi quiz
1.30pm Unit walk
2.30pm Baking/gardening
3.30pm Mind Benders

17 *

9.30am Bible reading
10.30am Gospel songs
1.30pm Unit walk
2.30pm Make & Create/stories
3.30pm Memory Lane

18 *

9.30am Kiwi quiz
10.30am Musical Moments
1.30pm Entertainment
3.30pm Happy Hour

19 *

9.30am Reading
10.30am Mind Benders
1.30pm Board writing
2.30pm Musical Moments
3.30pm Active Games

20 *

9.30am Memory Lane
10.30am Outdoors
1.30pm Movies & ice-cream
3.30pm Making Memories

21 *

9.30am Board writing
10.30am Musical Moments
1.30pm Unit walk
2.30pm Bingo/story time
3.30pm Mind Benders

22 *

9.30am Reading
10.30am Sensational Senses
1.30pm Out & About
3.30pm Musical Moments

23 *

9.30am Sensational Senses
10.30am Kiwi quiz
1.30pm Unit walk
2.30pm Baking/gardening
3.30pm Mind Benders

24 *

9.30am Bible reading
10.30am Gospel songs
1.30pm Unit walk
2.30pm Make & Create/stories
3.30pm Memory Lane

25 * Anzac Day

9.30am Kiwi quiz
10.30am Musical Moments
1.30pm Entertainment
3.30pm Happy Hour

26 *

9.30am Reading
10.30am Mind Benders
1.30pm Board writing
2.30pm Musical Moments
3.30pm Active Games

27 *

9.30am Memory Lane
10.30am Outdoors
1.30pm Movies & ice-cream
3.30pm Making Memories

28 *

9.30am Board writing
10.30am Musical Moments
1.30pm Unit walk
2.30pm Bingo/story time
3.30pm Mind Benders

29 * International Dance Day

9.30am Reading
10.30am Sensational Senses
1.30pm Out & About
3.30pm Musical Moments

30 *

9.30am Sensational Senses
10.30am Kiwi quiz
1.30pm Unit walk
2.30pm Baking/gardening
3.30pm Mind Benders

* Every Day
9.00am News & Views
11.30am Triple A
4.00pm Triple A