

## Special Care – myRyman Life Side A

The following activities are available in the mornings with the care companions on an ad hoc basis

- Active recreation – croquet, bowls, pentaque, mini golf
- Reading and poetry
- Knitting, embroidery, crochet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation
- Walking group
- Resident choir
- Reminiscing discussion
- Activities of daily living – making soups, baking, laundry, dishes
- Craft activities – making cards, adult colouring, painting

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

### Saturday

### Sunday

**1** \*Easter Monday/  
April Fools Day  
9.30am Reading  
10.30am Mind Benders  
1.30pm Board writing  
3.30pm Musical Moments

**2** \*Southland Anniversary  
9.30am Sensational Senses  
10.30am Kiwi quiz  
1.30pm Unit walk  
2.30pm Gardening  
3.30pm Mind Benders

**3** \*  
9.30am Bible reading  
10.30am Gospel songs  
1.30pm Unit walk  
2.30pm Make & Create  
3.30pm Memory Lane

**4** \*  
9.30am Kiwi quiz  
10.30am Musical Moments  
1.30pm Pet therapy  
3.30pm Happy Hour

**5** \*  
9.30am Reading  
10.30am Sensational Senses  
1.30pm Out & About  
2.30pm Musical Moments

**6** \*  
9.30am Memory Lane  
10.30am Outdoors  
1.30pm Movies & ice-cream  
3.30pm Making Memories

**7** \*Daylight Savings  
9.30am Board writing  
10.30am Musical Moments  
1.30pm Unit walk  
2.30pm Bingo  
3.30pm Mind Benders

**8** \*  
9.30am Reading  
10.30am Mind Benders  
1.30pm Board writing  
3.30pm Musical Moments

**9** \*  
9.30am Sensational Senses  
10.30am Baking  
1.30pm Unit walk  
2.30pm Baking  
3.30pm Mind Benders

**10** \*  
9.30am Bible reading  
10.30am Gospel songs  
1.30pm Unit walk  
2.30pm Make & Create  
3.30pm Memory Lane

**11** \*  
9.30am Kiwi quiz  
10.30am Musical Moments  
1.30pm Joe entertains  
3.30pm Happy Hour

**12** \*  
9.30am Reading  
10.30am Sensational Senses  
1.30pm Out & About  
2.30pm Musical Moments

**13** \*  
9.30am Memory Lane  
10.30am Outdoors  
1.30pm Movies & ice-cream  
3.30pm Making Memories

**14** \*  
9.30am Board writing  
10.30am Musical Moments  
1.30pm Unit walk  
2.30pm Bingo  
3.30pm Mind Benders

**15** \*  
9.30am Reading  
10.30am Mind Benders  
1.30pm Board writing  
3.30pm Musical Moments

**16** \*  
9.30am Sensational Senses  
10.30am Doll therapy  
1.30pm Unit walk  
2.30pm Gardening  
3.30pm Mind Benders

**17** \*  
9.30am Bible reading  
10.30am Gospel songs  
1.30pm Unit walk  
2.30pm Make & Create  
3.30pm Memory Lane

**18** \*  
9.30am Kiwi quiz  
10.30am Musical Moments  
1.30pm Jim entertains  
3.30pm Happy Hour

**19** \*  
9.30am Reading  
10.30am Sensational Senses  
1.30pm Out & About  
2.30pm Musical Moments

**20** \*  
9.30am Memory Lane  
10.30am Outdoors  
1.30pm Movies & ice-cream  
3.30pm Making Memories

**21** \*  
9.30am Board writing  
10.30am Musical Moments  
1.30pm Unit walk  
2.30pm Bingo  
3.30pm Mind Benders

**22** \*  
9.30am Reading  
10.30am Mind Benders  
1.30pm Board writing  
3.30pm Musical Moments

**23** \*  
9.30am Sensational Senses  
10.30am Flower arrangement  
1.30pm Unit walk  
2.30pm Baking  
3.30pm Mind Benders

**24** \*  
9.30am Bible reading  
10.30am Gospel songs  
1.30pm Unit walk  
2.30pm Make & Create  
3.30pm Memory Lane

**25** \*Anzac Day  
9.30am Kiwi quiz  
10.30am Musical Moments  
1.30pm Derek entertains  
3.30pm Happy Hour

**26** \*  
9.30am Reading  
10.30am Sensational Senses  
1.30pm Out & About  
2.30pm Musical Moments

**27** \*  
9.30am Memory Lane  
10.30am Outdoors  
1.30pm Movies & ice-cream  
3.30pm Making Memories

**28** \*  
9.30am Board writing  
10.30am Musical Moments  
1.30pm Unit walk  
2.30pm Bingo  
3.30pm Mind Benders

**29** \*International Dance Day  
9.30am Reading  
10.30am Mind Benders  
1.30pm Board writing  
3.30pm Musical Moments

**30** \*  
9.30am Sensational Senses  
10.30am Kiwi quiz  
1.30pm Unit walk  
2.30pm Mind Benders  
3.30pm Story telling

\* Every Day  
9.00pm News & Views  
11.30am Triple A  
4.00pm Triple A