





# Special Care - myRyman Life Side A

#### The following activities are available in the mornings with the care companions on an ad hoc basis

- Active recreation croquet, bowls, pentaque, mini golf
- Reading and poetry
- Knitting, embroidery, crochet

- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation

1.30pm

- · Walking group
- · Resident choir
- · Reminiscing discussion

- Activities of daily living making soups, baking, laundry, dishes
- Craft activities making cards, adult colouring, painting

### **Monday**

#### **Tuesday**

#### Wednesday

9.30am Bible reading

10.30am Gospel songs

2.30pm Make & Create

Unit walk

# Thursday

## **Friday**

# **Saturday**

Memory Lane

Movies & ice-cream

Making Memories

Outdoors

# **Sunday**

9.30am

10.30am

1.30pm

2.30pm

3.30pm

14

9.30am

10.30am

1.30pm

2.30pm

3.30pm

\*Daylight Savings

Musical Moments

Board writing

Mind Benders

Board writing

Mind Benders

Unit walk

Bingo

**Musical Moments** 

Unit walk

Bingo

1	*Easter Monday/
	April Fools Day
9.30am	Reading
10.30am	Mind Benders
1.30pm	Board writing
3.30pm	Musical Moments

Reading

9.30am

1.30pm

3.30pm

10.30am

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16

9.30am

10.30am

1.30pm

2.30pm

3.30pm

23

10.30am

1.30pm

2.30pm

3.30pm

9.30am

1.30pm

3.30pm

10.30am Kiwi quiz

Mind Benders
Board writing
Musical Moments
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15	*
9.30am	Reading
10.30am	Mind Benders
1.30pm	Board writing
3.30pm	Musical Moments

22	*
9.30am 10.30am	Reading Mind Benders
1.30pm 3.30pm	Board writing Musical Moments
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29	*International Dance
	Day
9.30am	Reading
10.30am	Mind Benders
1.30pm	Board writing
3.30pm	Musical Moments

2	*Southland Anniversary
9.30am	Sensational Senses
10.30am	Kiwi quiz
1.30pm	Unit walk
2.30pm	Gardening
3.30pm	Mind Benders

Sensational Senses

Doll therapy

Unit walk

Gardening

Unit walk

Mind Benders

**Baking** 

Unit walk

Mind Benders

Story telling

Mind Benders

Sensational Senses

Sensational Senses

Flower arrangement

3.30pm	Mind Benders	3.30pm	Memory Lan
9	*	10	*
9.30am	Sensational Senses	9.30am	Bible reading
10.30am	Baking	10.30am	Gospel songs
1.30pm	Unit walk	1.30pm	Unit walk
2.30pm	Baking	2.30pm	Make & Crea
3.30pm	Mind Benders	3.30pm	Memory Land

Bible reading
Gospel songs
Unit walk
Make & Create
Memory Lane
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17	*
9.30am 10.30am 1.30pm 2.30pm 3.30pm	Bible reading Gospel songs Unit walk Make & Create Memory Lane
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24	*
9.30am	Bible reading
10.30am	Gospel songs
1.30pm	Unit walk
2.30pm	Make & Create
3.30pm	Memory Lane
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24	*
9.30am	Bible reading
10.30am	Gospel songs
1.30pm	Unit walk
2.30pm	Make & Create
3.30pm	Memory Lane
*	Every Day
9.00pm	News & Views
11.30am	Triple A
4.00pm	Triple A

4	*
9.30am	Kiwi quiz
10.30am	Musical Moments
1.30pm	Pet therapy
3.30pm	Happy Hour
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9.30am	Kiwi quiz
10.30am	Musical Moments
1.30pm	Joe entertains
3.30pm	Happy Hour

18	*
9.30am 10.30am	Kiwi quiz Musical Moments
1.30pm 3.30pm	Jim entertains Happy Hour

25	*A D
9.30am 10.30am	*Anzac Day Kiwi quiz Musical Moments
1.30pm 3.30pm	Derek entertains Happy Hour
3.30pm	тарру ттоат

10.30am 1.30pm 2.30pm	Sensational Senses Out & About Musical Moments
12	*

9.30am Reading

19

9.30am

1.30pm

2.30pm

26 9.30am

10.30am

1.30pm 2.30pm

10.30am

12	*
9.30am 10.30am	Reading Sensational Senses
1.30pm	Out & About
2.30pm	Musical Moments

Reading

Reading

Sensational Senses Out & About

Musical Moments

Sensational Senses

Musical Moments

Out & About

	9.30am 10.30am 1.30pm 3.30pm	Memory Lane Outdoors Movies & ice-cream Making Memories
	<b>БІВОРІІІ</b>	T taking t terriories

9.30am

1.30pm

3.30pm

13

10.30am

20	*
9.30am	Memory Lane
10.30am	Outdoors
1.30pm	Movies & ice-cream
3.30pm	Making Memories

27	*
9.30am   0.30am   .30pm   .30pm	Memory Lane Outdoors Movies & ice-cream Making Memories

41	*
9.30am	Board writing
10.30am	Musical Moments
1.30pm	Unit walk
2.30pm	Bingo
3.30pm	Mind Benders
28	*

28	*
9.30am	Board writing
10.30am	Musical Moments
1.30pm	Unit walk
2.30pm	Bingo
3.30pm	Mind Benders