

Special Care – myRyman Life

The following activities are available in the mornings with the care companions on an ad hoc basis

- Active recreation – croquet, bowls, pentaque, mini golf
- Reading and poetry
- Knitting, embroidery, crochet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation
- Walking group
- Resident choir
- Reminiscing discussion
- Activities of daily living – making soups, baking, laundry, dishes
- Craft activities – making cards, adult colouring, painting

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1

Good Friday
1.30pm News & Views
2.00pm Musical Moments
3.00pm Make & Create
4.00pm Triple A

2

1.30pm News & Views
2.00pm Memory Lane
3.00pm Happy Hour
3.30pm Entertainment
4.00pm Triple A

3

1.00pm Out & About
3.00pm Church service
4.00pm Triple A

4

1.30pm News & Views
2.00pm Mind Benders
3.00pm Sensational Senses
4.00pm Triple A

5

1.30pm News & Views
2.00pm Memory Lane
3.00pm Active Games
4.00pm Triple A

6

1.30pm News & Views
2.00pm Musical Moments
3.00pm Sensational Senses
4.00pm Triple A

7

1.30pm News & Views
2.00pm Memory Lane
3.00pm Active Games
4.00pm Triple A

8

1.30pm News & Views
2.00pm Musical Moments
3.00pm Make & Create
4.00pm Triple A

9

1.30pm News & Views
2.00pm Memory Lane
3.00pm Happy Hour
3.30pm Entertainment
4.00pm Triple A

10

1.00pm Out & About
3.00pm Church service
4.00pm Triple A

11

1.30pm News & Views
2.00pm Mind Benders
3.00pm Sensational Senses
4.00pm Triple A

12

1.30pm News & Views
2.00pm Memory Lane
3.00pm Active Games
4.00pm Triple A

13

1.30pm News & Views
2.00pm Musical Moments
3.00pm Sensational Senses
4.00pm Triple A

14

1.30pm News & Views
2.00pm Memory Lane
3.00pm Active Games
4.00pm Triple A

15

1.30pm News & Views
2.00pm Musical Moments
3.00pm Make & Create
4.00pm Triple A

16

1.30pm News & Views
2.00pm Memory Lane
3.00pm Happy Hour
3.30pm Entertainment
4.00pm Triple A

17

1.00pm Out & About
3.00pm Church service
4.00pm Triple A

18

1.30pm News & Views
2.00pm Mind Benders
3.00pm Sensational Senses
4.00pm Triple A

19

1.30pm News & Views
2.00pm Memory Lane
3.00pm Active Games
4.00pm Triple A

20

1.30pm News & Views
2.00pm Musical Moments
3.00pm Sensational Senses
4.00pm Triple A

21

1.30pm News & Views
2.00pm Memory Lane
3.00pm Active Games
4.00pm Triple A

22

1.30pm News & Views
2.00pm Musical Moments
3.00pm Make & Create
4.00pm Triple A

23

1.30pm News & Views
2.00pm Memory Lane
3.00pm Happy Hour
3.30pm Entertainment
4.00pm Triple A

24

1.00pm Out & About
3.00pm Church service
4.00pm Triple A

25

Anzac Day
1.30pm News & Views
2.00pm Mind Benders
3.00pm Sensational Senses
4.00pm Triple A

26

1.30pm News & Views
2.00pm Memory Lane
3.00pm Active Games
4.00pm Triple A

27

1.30pm News & Views
2.00pm Musical Moments
3.00pm Sensational Senses
4.00pm Triple A

28

1.30pm News & Views
2.00pm Memory Lane
3.00pm Active Games
4.00pm Triple A

29

1.30pm News & Views
2.00pm Musical Moments
3.00pm Make & Create
4.00pm Triple A

30

1.30pm News & Views
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3.00pm Happy Hour
3.30pm Entertainment
4.00pm Triple A