

**APRIL 2024** 

# ACTIVITIES PROGRAMME

# **Independent Residents**

Hilda Ross Village

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# Week One

Monday 01 April		
09:30 am	Walking Group - Leisure Walkers	Serviced Apartment Reception
01:30 pm	Outdoor Bowls	Bowling Green
07:00 pm	Pool/ Snooker - Men's Snooker	Snooker Room

# Tuesday 02 April

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09:30 am	Aqua Aerobics - Aqua-Fit	Pool
10:15 am	Triple A Circuit	Village Centre
10:30 am	Church Service - Chapel	Hospital Lounge. opposite room 103
11:15 am	Triple A Functional	Village Centre
11:30 am	Out & About - Onyx Cafe Cambridge 🏲	Outside SA Reception Area
01:00 pm	myRyman App Support	REC Desk
01:30 pm	Indoor Bowls	Village Centre
01:30 pm	Bingo	SA Dining Room
04:30 pm	Village Host - Club Bar	Village Centre
04:30 pm	Dinner Club - Tuesday Takeaways	Village Centre

## Wednesday 03 April

08:30 am	Out & About - The Waiuku Explorer <b>\$79.00</b> 🏲	Outside SA reception area
09:00 am	Hiking Group - Hilda's Hikers	Serviced Apartment Reception
10:00 am	Shopping Trip - Grocery Shuttle 🏲	Outside SA Reception area
10:30 am	Stretch Class - DVD Exercises	Village Centre
01:00 pm	Singing Group - Glee Club	Village Centre
01:30 pm	Mahjong	SA Upstairs Lounge
02:15 pm	Yoga - With Kasha	Village Centre or Atrium
07:00 pm	Indoor Bowls	Village Centre

Thursday 04 April		
09:30 am	Outdoor Bowls -Hilda Ross Ryman Roll Up Tournament	Bowling Green
09:30 am	Petanque	Petanque Court
10:30 am	Church Service - Catholic Mass	Rest home Lounge
I I:30 am	Online Art Class	Virtual Events
I I:30 am	Out & About - Le Rendez-Vous Hamilton 🏲	Outside SA Reception Area
01:00 pm	Independent Residents Meeting	Village Centre
01:15 pm	Cards - 500	Upstairs on level 2
02:00 pm	Pop Up Shop - Flu Vaccination Clinic	Beside the SA Kitchen

KEY: Featured Event. \$ - Paid events. 🕨 - Need RSVP.

#### 04:00 pm Line Dancing

Village Centre

Friday 05 April		
09:30 am	Aqua Aerobics -Aqua Fit	Pool
09:30 am	Out & About - Van drive around the Waikato 💻	Outside SA Reception Area
10:15 am	Triple A Circuit	Village Centre
11:15 am	Triple A Functional	Village Centre
01:30 pm	Bingo	Dining Room
01:30 pm	Village Choir - Hilda's Singers	Village Centre
03:00 pm	Come Jam With Me - DON'T WORRY, BE HAPPY	Village Centre
04:00 pm	Happy Hour	Village Centre

Saturday 06 April		
10:30 am	Knitting Group - Knit & Natter	Village Centre
01:00 pm	myRyman App Support	REC Desk
01:00 pm	Rummikub	Village Centre
01:30 pm	Outdoor Bowls	Bowling Green
03:00 pm	Movie - Saturday Movie Matinee 'Taxi Driver'	Village Centre

# Sunday 07 April

02:30 pm

Rummikub

Village Centre

# Week Two

Monday 08 April		
09:30 am	Walking Group - Leisure Walkers	Serviced Apartment Reception
10:00 am	Out & About - Ginger & Honey Cafe Hamilton 🏴	Outside SA reception area
10:30 am	Guest Speaker - Malden Island by HR Resident Ron Smith	Village Centre
01:00 pm	Stretch Class - DVD Exercises	Village Centre
01:30 pm	Outdoor Bowls	Bowling Green
07:00 pm	Pool/ Snooker - Men's Snooker	Snooker Room

Tuesday 09 April		
09:30 am	Aqua Aerobics - Aqua-Fit	Pool
10:15 am	Triple A Circuit	Village Centre
10:30 am	Church Service - Chapel	Hospital Lounge. opposite room 103
11:15 am	Triple A Functional	Village Centre
11:30 am	Out & About - The Sugar Bowl Cafe Hamilton 🏲	Outside SA Reception Area

KEY: - Featured Event. \$ - Paid events. 🖻 - Need RSVP.

01:00 pm	myRyman App Support	REC Desk
01:30 pm	Indoor Bowls	Village Centre
01:30 pm	Bingo	SA Dining Room
04:30 pm	Village Host - Club Bar	Village Centre
04:30 pm	Dinner Club - Tuesday Takeaways	Village Centre

09:00 am	Hiking Group - Hilda's Hikers	Serviced Apartment Reception
10:00 am	Shopping Trip - Grocery Shuttle 🏴	Outside SA Reception area
10:30 am	Stretch Class - DVD Exercises	Village Centre
01:00 pm	Singing Group - Glee Club	Village Centre
01:30 pm	Mahjong	SA Upstairs Lounge
02:15 pm	Yoga - With Kasha	Village Centre or Atrium
07:00 pm	Indoor Bowls	Village Centre

## Thursday II April

09:30 am	Petanque	Petanque Court
l I:00 am	Sport Canterbury - April Falls Talk	Virtual Events
I I:30 am	Out & About - Sentinel Cafe Hamiton 🏴	Outside SA Reception Area
12:30 pm	Pop Up Shop - The Flower Nook	SA Lounge
12:45 pm	Movie - Oppenheimer (Charity Event) <b>\$2.00</b> 🏲	Village Centre
01:15 pm	Cards - 500	Upstairs on level 2
01:30 pm	Outdoor Bowls	Bowling Green
02:00 pm	Paint & Sip 🖻	Atrium
03:45 pm	Line Dancing	Hospital I
05:30 pm	Dinner Club - HELL Pizza night 🏴	Village Centre

#### Friday 12 April 09:30 am Aqua Aerobics - Aqua Fit Pool 09:30 am Out & About - Van drive around the Waikato 🏴 **Outside SA Reception Area** 10:15 am Triple A Circuit Village Centre 11:15 am Triple A Functional Village Centre 01:30 pm Bingo **Dining Room** 01:30 pm Village Choir - Hilda's Singers Village Centre Come Jam With Me - DON'T WORRY, BE HAPPY 03:00 pm Village Centre Happy Hour- Come dressed as your past 'Profession' 04:00 pm Village Centre 05:00 pm Village Host - Extended Bar Hours Village Bar

Saturday 13 April		
10:30 am	Knitting Group - Knit & Natter	Village Centre
01:00 pm	Rummikub	Village Centre
01:00 pm	myRyman App Support	REC Desk
01:30 pm	Outdoor Bowls	Bowling Green
06:00 pm	Movie - Saturday Night at the Movies	Village Centre

# Sunday 14 April

10:30 am	Church Service - Catholic Liturgy	Chapel
02:30 pm	Rummikub	Village Centre

# Week Three

Monday 15 April		
09:30 am	Walking Group - Leisure Walkers	Serviced Apartment Reception
10:00 am	Out & About - Grey St Kitchen 🏴	Outside SA reception area
01:00 pm	Stretch Class - DVD Exercises	Village Centre
01:30 pm	Outdoor Bowls	Bowling Green
02:00 pm	Entertainer - Waikato University Students Concert 🏲	Village Centre
07:00 pm	Pool/ Snooker - Men's Snooker	Snooker Room

# Tuesday 16 April

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09:30 am	Aqua Aerobics - Aqua-Fit	Pool
10:15 am	Triple A Circuit	Village Centre
10:30 am	Church Service - Chapel	Hospital Lounge. opposite room 103
11:15 am	Triple A Functional	Village Centre
11:30 am	Out & About - Ronnie's Cafe Morrinsville 🏲	Outside SA Reception Area
01:00 pm	myRyman App Support	REC Desk
01:30 pm	Indoor Bowls	Village Centre
01:30 pm	Bingo	SA Dining Room
04:30 pm	Village Host - Club Bar	Village Centre
04:30 pm	Dinner Club - Tuesday Takeaways	Village Centre

Wednesday 17 April		
09:00 am	Hiking Group - Hilda's Hikers	Serviced Apartment Reception
10:00 am	Shopping Trip - Grocery Shuttle 🏲	Outside SA Reception area
10:30 am	Stretch Class - DVD Exercises	Village Centre
11:30 am	Tai Chi	Virtual Events

KEY: 📃 - Featured Event. 💲 - Paid events. 🏲 - Need RSVP.

01:00 pm	Guest Speaker - Sales Event with Harkness Henry Law 🏲	Village Centre
01:30 pm	Mahjong	SA Upstairs Lounge
02:15 pm	Yoga - With Kasha	Village Centre or Atrium
07:00 pm	Indoor Bowls	Village Centre

# Thursday 18 April

09:30 am	Petanque	Petanque Court
10:30 am	Church Service - Catholic Mass	Rest home Lounge
11:30 am	Out & About - Chartwell Shuttle 🏴	Outside SA Reception Area
01:15 pm	Cards - 500	Upstairs on level 2
01:30 pm	Outdoor Bowls	Bowling Green
02:00 pm	Entertainer - Tui	Village Centre
03:45 pm	Line Dancing - Beginners Session	Village Centre
04:00 pm	Line Dancing	Village Centre
06:30 pm	Charades - Pictionary (drawing) Evening at HR <b>\$2.00</b> 🏲	Village Centre

# Friday 19 April

09:30 amAqua Aerobics - Aqua FitPool09:30 amOut & About - Van drive around the WaikatoOutside SA Reception Area10:15 amTriple A CircuitVillage Centre11:15 amTriple A FunctionalVillage Centre01:30 pmBingoDining Room01:30 pmVillage Choir - Hilda's SingersVillage Centre03:00 pmCome Jam With Me - DON'T WORRY, BE HAPPYVillage Centre04:00 pmHappy HourVillage Centre06:00 pmEntertainer - Two of HeartsVillage Centre	/	•	
10:15 amTriple A CircuitVillage Centre11:15 amTriple A FunctionalVillage Centre01:30 pmBingoDining Room01:30 pmVillage Choir - Hilda's SingersVillage Centre03:00 pmCome Jam With Me - DON'T WORRY, BE HAPPYVillage Centre04:00 pmHappy HourVillage Centre	09:30 am	Aqua Aerobics -Aqua Fit	Pool
I1:15 amTriple A FunctionalVillage Centre01:30 pmBingoDining Room01:30 pmVillage Choir - Hilda's SingersVillage Centre03:00 pmCome Jam With Me - DON'T WORRY, BE HAPPYVillage Centre04:00 pmHappy HourVillage Centre	09:30 am	Out & About - Van drive around the Waikato 🏲	Outside SA Reception Area
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03:00 pmCome Jam With Me - DON'T WORRY, BE HAPPYVillage Centre04:00 pmHappy HourVillage Centre	01:30 pm	Bingo	Dining Room
04:00 pm Happy Hour Village Centre	01:30 pm	Village Choir - Hilda's Singers	Village Centre
	03:00 pm	Come Jam With Me - DON'T WORRY, BE HAPPY	Village Centre
06:00 pm Entertainer - Two of Hearts Village Centre	04:00 pm	Happy Hour	Village Centre
	06:00 pm	Entertainer - Two of Hearts	Village Centre

Saturday 20 April		
10:30 am	Knitting Group - Knit & Natter	Village Centre
01:00 pm	Rummikub	Village Centre
01:00 pm	myRyman App Support	REC Desk
01:30 pm	Outdoor Bowls	Bowling Green
03:00 pm	Movie - Piano	Village Centre
06:00 pm	Dinner Club - Mediterranean Kitchen 🏲	Outside SA reception area

Sunday 21 April		
02:30 pm	Rummikub	Village Centre
03:00 pm	Ladies Club - Girls' Club	Village Centre

# Week Four

Monday 22 April		
09:30 am	Walking Group - Leisure Walkers	Serviced Apartment Reception
10:00 am	Out & About - Made Market Hamilton 🏲	Outside SA reception area
01:00 pm	Stretch Class - DVD Exercises	Village Centre
01:30 pm	Outdoor Bowls - Staff vs Residents Tournament 🏴	Bowling Green
07:00 pm	Pool/ Snooker - Men's Snooker	Snooker Room

# Tuesday 23 April

09:30 am	Aqua Aerobics - Aqua-Fit	Pool
10:15 am	Triple A Circuit	Village Centre
10:30 am	Church Service - Chapel	Hospital Lounge. opposite room 103
11:15 am	Triple A Functional	Village Centre
I I:30 am	Out & About - Botannix Cafe Frankton 🏲	Outside SA Reception Area
01:00 pm	myRyman App Support	REC Desk
01:30 pm	Indoor Bowls	Village Centre
01:30 pm	Bingo	SA Dining Room
04:30 pm	Village Host - Club Bar	Village Centre
04:30 pm	Dinner Club - Tuesday Takeaways	Village Centre

# Wednesday 24 April

09:00 am	Hiking Group - Hilda's Hikers	Serviced Apartment Reception
10:00 am	Shopping Trip - Grocery Shuttle 🏴	Outside SA Reception area
10:30 am	Stretch Class - DVD Exercises	Village Centre
10:30 am	Residents Birthday Celebration 🖻	Serviced Apartment Atrium
01:00 pm	Enhanced Activities Programme Focus Group	Village Chapel
01:30 pm	Mahjong	SA Upstairs Lounge
02:15 pm	Yoga - With Kasha	Village Centre or Atrium
03:30 pm	Music Appreciation - Musical Moments	Village Centre
05:30 pm	Dinner Club - Hell Pizza night 🏲	Village Centre
07:00 pm	Indoor Bowls	Village Centre

Thursday 25 April		
09:30 am	Petanque	Petanque Court
10:00 am	Anzac Day Service- Hilda Ross ANZAC Service 2024	Village Centre
01:15 pm	Cards - 500	Upstairs on level 2
01:30 pm	Outdoor Bowls	Bowling Green

### 06:30 pm Movie - All Quiet On the Western Front

Village Centre

Friday 26 April		
09:30 am	Aqua Aerobics -Aqua Fit	Pool
09:30 am	Out & About - Van drive around the Waikato 💻	Outside SA Reception Area
10:15 am	Triple A Circuit	Village Centre
11:15 am	Triple A Functional	Village Centre
01:30 pm	Bingo	Dining Room
01:30 pm	Village Choir - Hilda's Singers	Village Centre
03:00 pm	Come Jam With Me - DON'T WORRY, BE HAPPY	Village Centre
04:00 pm	Happy Hour	Village Centre

Saturday 27 April		
09:45 am	External Event - The Very Best Exotic Marigold Hotel 🏲	Outside SA reception area
10:30 am	Knitting Group - Knit & Natter	Village Centre
01:00 pm	Rummikub	Level Two
01:00 pm	myRyman App Support	REC Desk
01:30 pm	Outdoor Bowls	Bowling Green
01:30 pm	Entertainment- Pheonix Players 🆻	Village Centre
03:30 pm	Workshop - How to 'UP-CYCLE' your old items 🏲	Village Centre

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10:30 am	Church Service - Catholic Liturgy	Chapel
02:30 pm	Rummikub	Village Centre
06:30 pm	Church Service - Mr Peter Spiller	Village Centre

# Week Five

Monday 29 April		
09:30 am	Walking Group - Leisure Walkers	Serviced Apartment Reception
10:00 am	Out & About - Hamilton Garden Cafe 🏴	Outside SA reception area
01:00 pm	Stretch Class - DVD Exercises	Village Centre
01:30 pm	Outdoor Bowls	Bowling Green
02:00 pm	Mens Club - Roy Breeze from Fire and Emergency NZ 🏴	Village Lounge
07:00 pm	Pool/ Snooker - Men's Snooker	Snooker Room

Tuesday 30 April		
09:30 am	Aqua Aerobics - Aqua-Fit	Pool
10:15 am	Triple A Circuit	Village Centre

KEY: - Featured Event. \$ - Paid events. 🏲 - Need RSVP.

10:30 am	Church Service - Chapel	Hospital Lounge. opposite room 103
11:15 am	Triple A Functional	Village Centre
11:30 am	Out & About - Lykke Cafe Frankton 🏲	Outside SA Reception Area
01:00 pm	myRyman App Support	REC Desk
01:30 pm	Indoor Bowls	Village Centre
01:30 pm	Bingo	SA Dining Room
04:30 pm	Village Host - Club Bar	Village Centre
04:30 pm	Dinner Club - Tuesday Takeaways	Village Centre

KEY: - Featured Event. \$ - Paid events. • - Need RSVP. See the village copy of this months' Featured Events to find out more about the activities.