

# April 2024

## **RYMAN** e n g a g e

#### **Resthome**

M	0	n	d	a	У

#### Tuesday

#### Wednesday

#### Thursday

#### Friday

#### Saturday

### Sunday

aster Monda	ay
asce	~/

fruit

5	
10.30am	News & Views
11.00am	Move & groove
1.30pm	Memory Lane - how
	we kept healthy
2.00pm	Entertainment -
	Bob Young
3.30pm	Men's Club

4	
10.30am	News & Views
11.00am	Village walk
1.30pm	Falls prevention talk -
	guest speaker
2.30pm	Mind Benders -
	the human body
3.00pm	Make & Create -
	planting sunflowers

	5	
	10.30am	News & Views
	II.00am	Triple A
	1.30pm	Out & About
	3.30pm	Health themed movie
	·	

7	World Health Day & Daylight Saving Ends

9.30am	String orchestra
10.30am	News & Views
11.00am	Triple A
1.30pm	Space themed quiz
2.00pm	Active Games -
	asteroid toss
3.00pm	Space themed movie

9	
10.30am 11.00am 1.30pm 2.30pm 3.15pm	News & Views Animal visit Daryl sing-along Bingo Happy Hour - Moon Landing Film
	Landing Film

10	
10.30am	News & Views
11.00am	Move & groove
1.30pm	Memory Lane - space
2.00pm	Musical guest
3.30pm	Church
·	

11	
10.30am	News & Views
11.00am	Village walk
1.30pm	Make & Create -
	rockets
3.15pm	Mind Benders - space
	themed

10.30am 11.00am	International Day of Human Space Flight News & Views Triple A
1.30pm	Out & About - airport
3.30pm	Musical Moments

3	$\begin{pmatrix} 14 \end{pmatrix}$	

15	World Arts Day
10.30am	News & Views
11.00am	Triple A
1.30pm	Art themed quiz
2.00pm	Active Games -
	balloon games
3.00pm	Art themed movie

16	
10.30am	News & Views
11.00am	Village walk
1.30pm	Musical Moments
2.15pm	Bingo
3.15pm	Happy Hour -
	paint & sip

1/	
10.30am	News & Views
11.00am	Move & groove
1.30pm	Abigail on the harp
3.00pm	Memory Lane - art
3.30pm	Men's Club

10.30am	News & Views
11.00am	Village walk
1.30pm	Armchair travel -
-	Australia
2.30pm	Make & create -
-	drawing and painting
3.15pm	Mind Benders - art
	themed

18

13	
10.30am	News & Views
11.00am	Triple A
1.30pm	Out & About -
	Suter Art Gallery
3.3pm	Musical Moments
-	

20	21	

	22	
$\sim$	20-	

10.30am	News & Views
I I.00am	Triple A
1.30pm	Daryl sing-along
3.00pm	Anzac themed trivia
·	quiz
3.30 <sub>D</sub> m	Mind Benders

25	
0.30am	News & Views
1.00am	Village walk
.30pm	Sensational Senses -
	Anzac biscuits
2.15pm	Bingo
3.15pm	Happy Hour -

card games

24	
10.30am	News & Views
11.00am	Move & groove
1.30pm	Memory Lane - Anzac
2.00pm	Acting up comedy
	group
3.15pm	Make & Create -
	Anzac floral wreaths
3 30pm	Church

Anzac Day	26	
,	10.30am	News & Views
	11.00am	Village walk
	1.30pm	Out & About
	2.00pm	Anzac celebration
	3.30pm	Musical Moments
	·	

27	28	

_		
	20	

29	International Dance
	Day
10.30am	News & Views
I I.00am	Movie & groove
1.30pm	Trivia/quiz
2.00pm	Dance entertainment
3.15pm	Movie - Footloose

30	
10.30am	News & Views
II.00am	Village walk
1.30pm	Bingo
2.15pm	Colette entertains
3.15pm	Happy Hour - April
	birthdays celebration

