

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1

10.15am News & Views
10.30am Triple A exercise
11.30am Hangman
1.00pm Garden/ terrace walk
2.30pm Chair bowls
3.30pm Word builder

2

10.00am Out & About
10.30am Movie
11.30am Memory Lane
1.30pm Board games
2.30pm Happy Hour & entertainment
3.30pm Sing-along

3

10.15am News & Views
10.30am Housie
11.30am Kiwi quiz
1.00pm Garden/ terrace walk
1.30pm Men's club
2.30pm Chair bowls
3.30pm Hangman

4

10.15am News & Views
10.30am Triple A exercise
Church service
11.30am Hangman
1.30pm Nail care
2.30pm Chair bowls
3.30pm Movie with ice cream

5

10.15am News & Views
10.30am Chair bowls
11.30am Kiwi quiz
1.30pm Nail care
2.30pm Cooking session
3.30pm Sports quiz

6

10.30am Musical Moments
2.00pm Movie

7

10.30am Catholic mass
2.00pm Movie

8

10.15am News & Views
10.30am Triple A exercise
11.30am Hangman
1.00pm Garden/ terrace walk
2.30pm Chair bowls
3.30pm Word builder

9

10.00am Out & About
10.30am Movie
11.30am Memory Lane
1.30pm Board games
2.30pm Happy Hour & entertainment
3.30pm Sing-along

10

10.15am News & Views
10.30am Housie
11.30am Kiwi quiz
1.00pm Garden/ terrace walk
1.30pm Men's club
2.30pm Chair bowls
3.30pm Hangman

11

10.15am News & Views
10.30am Triple A exercise
Church service
11.30am Hangman
1.30pm Nail care
2.30pm Chair bowls
3.30pm General quiz

12

10.15am News & Views
10.30am Chair bowls
11.30am Kiwi quiz
1.30pm Nail care
2.30pm Housie
3.30pm Movie with ice cream

13

10.30am Musical Moments
2.00pm Movie

14

10.30am Catholic mass
2.00pm Movie

15

10.15am News & Views
10.30am Triple A exercise
11.30am Hangman
1.00pm Garden/ terrace walk
2.30pm Chair bowls
3.30pm Word builder

16

10.00am Out & About
10.30am Movie
11.30am Memory Lane
1.30pm Board games
2.30pm Happy Hour & entertainment
3.30pm Sing-along

17

10.15am News & Views
10.30am Housie
11.30am Kiwi quiz
1.00pm Garden/ terrace walk
1.30pm Men's club
2.30pm Chair bowls
3.30pm Hangman

18

10.15am News & Views
10.30am Triple A exercise
Church service
11.30am Hangman
1.30pm Nail care
2.30pm Chair bowls
3.30pm Movie with ice cream

19

10.15am News & Views
10.30am Chair bowls
11.30am Kiwi quiz
1.30pm Nail care
2.30pm Cooking session
3.30pm Pub quiz

20

10.30am Musical Moments
2.00pm Movie

21

10.30am Catholic mass
2.00pm Movie

22

10.15am News & Views
10.30am Triple A exercise
11.30am Hangman
1.00pm Garden/ terrace walk
2.30pm Chair bowls
3.30pm Word builder

23

10.00am Out & About
10.30am Movie
11.30am Memory Lane
1.30pm Board games
2.30pm Happy Hour & entertainment
3.30pm Sing-along

24

10.15am News & Views
10.30am Housie
11.30am Kiwi quiz
1.00pm Garden/ terrace walk
1.30pm Men's club
2.30pm Chair bowls
3.30pm Hangman

25

10.15am News & Views
10.30am Triple A exercise
Church service
11.30am Hangman
1.30pm Nail care
2.30pm Chair bowls
3.30pm General quiz

26

10.15am News & Views
10.30am Chair bowls
11.30am Kiwi quiz
1.30pm Nail care
2.30pm Housie
3.30pm Movie with ice cream

27

10.30am Musical Moments
2.00pm Movie

28

10.30am Catholic mass
2.00pm Movie

29

10.15am News & Views
10.30am Triple A exercise
11.30am Hangman
1.00pm Garden/ terrace walk
2.30pm Chair bowls
3.30pm Word builder

30

10.00am Out & About
10.30am Movie
11.30am Memory Lane
1.30pm Board games
2.30pm Happy Hour & entertainment
3.30pm Sing-along