

**APRIL 2024** 

# ACTIVITIES PROGRAMME

## Independent Residents

Bruce McLaren Village

Week O	Week One		
Monday 01 April			
09:00 am	Tai Chi	Recreation Room	
09:45 am	Tai Chi	Recreation Room	
10:30 am	Zumba Gold	Recreation Room	
01:00 pm	Table Tennis	Recreation Room	
02:00 pm	Cards & Table Games	Village Centre	
03:00 pm	Ballet Class	Recreation Room	
04:00 pm	Village Choir	Village Centre	

Tuesday 02 April		
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Triple A Functional	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Knitting Group	Village Centre

Wednesday 03 April		
08:30 am	Yoga	Recreation Room
09:45 am	Line Dancing	Recreation Room
I I:00 am	Out & About - Parnell Rose Gardens (Luxe Rose Cafe)	Reception
I I:00 am	Church Service - Baptist	Reflection Room
03:00 pm	Pool/ Snooker	Games Room
07:00 pm	Mahjong	Village Centre

Thursday 04 April		
09:30 am	Bridge	Village Centre
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Triple A Functional	Recreation Room
11:30 am	Online Art Class	Virtual Events
04:00 pm	Happy Hour	Village Centre
05:00 pm	Village Host	Village Centre

Friday 05 April		
10:00 am	Triple A Circuit	Recreation Room
11:00 am	Church Service - Communion By Request	Reflection Room
11:00 am	Triple A Functional	Recreation Room
01:00 pm	Table Tennis	Recreation Room

02:00 pm	Mahjong	Village Centre
04:00 pm	Village Host	Village Centre

Saturday 06 April		
01:00 pm	Outdoor Bowls	Bowling Green
01:15 pm	Indoor Bowls	Recreation Room
04:00 pm	Village Host	Village Centre

### Sunday 07 April

04:00 pm Village Host Village Centre

### Week Two

Monday 08 April			
09:00 am	Tai Chi	Recreation Room	
09:45 am	Out & About - Morning Melodies "The Up-Doos"	Reception	
09:45 am	Tai Chi	Recreation Room	
10:30 am	Zumba Gold	Recreation Room	
01:00 pm	Table Tennis	Recreation Room	
02:00 pm	Cards & Table Games	Village Centre	
03:00 pm	Ballet Class	Recreation Room	
04:00 pm	Village Choir	Village Centre	
05:30 pm	Singing Group - Singalong with Jo Fingers	Village Centre	

Tuesday 09 April		
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Triple A Functional	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Knitting Group	Village Centre

Wednesday 10 April		
09:00 am	Pop Up - Flu Vaccination Clinic	Village Centre
I I:00 am	Church Service - Presbyterian	Reflection Room
I I:30 am	Out & About - Urbanaut Brewery for Beer Tasting	Reception
03:00 pm	Pool/ Snooker	Games Room
07:00 pm	Mahjong	Village Centre

### Thursday II April

09:30 am	Bridge	Village Centre
10:00 am	Triple A Circuit	Recreation Room
11:00 am	Sport Canterbury - April Falls Talk	Virtual Events
11:00 am	Triple A Functional	Recreation Room
02:00 pm	Cooking Demonstration	Village Centre
04:00 pm	Happy Hour	Village Centre
05:00 pm	Village Host	Village Centre

Friday 12 April		
10:00 am	Triple A Circuit	Recreation Room
11:00 am	Church Service - Communion By Request	Reflection Room
11:00 am	Triple A Functional	Recreation Room
01:00 pm	Table Tennis	Recreation Room
02:00 pm	Paint & Sip	Village Centre
02:00 pm	Mahjong	Village Centre
04:00 pm	Village Host	Village Centre
05:30 pm	Retro Movie "The Best Exotic Marigold Hotel" (2h, 4m)	Movie Theatre

Saturday 13 April		
01:00 pm	Outdoor Bowls	Bowling Green
01:15 pm	Indoor Bowls	Recreation Room
04:00 pm	Village Host	Village Centre

#### Sunday 14 April Village Centre 04:00 pm Village Host

#### **Week Three** Monday 15 April 09:00 am Tai Chi Recreation Room 09:45 am Tai Chi Recreation Room 10:30 am Zumba Gold Recreation Room 01:00 pm **Table Tennis Recreation Room** Cards & Table Games 02:00 pm Village Centre **Ballet Class** Recreation Room 03:00 pm 04:00 pm Village Choir Village Centre

### Tuesday 16 April

10:00 am	Triple A Circuit	Recreation Room
11:00 am	Triple A Functional	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Knitting Group	Village Centre

Wednesday	y 17 April	
09:45 am	Line Dancing	Recreation Room
11:00 am	Out & About - Art Gallery \$20.50	Reception
I I:00 am	Church Service - Catholic	Reflection Room
11:30 am	Tai Chi	Virtual Events
03:00 pm	Pool/ Snooker	Games Room
06:30 pm	Fine Dining	Village Centre

Thursday 18 April		
09:30 am	Bridge	Village Centre
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Church Service - Anglican	Reflection Room
I I:00 am	Triple A Functional	Recreation Room
04:00 pm	Birthday Happy Hour	Village Centre
05:00 pm	Village Host	Village Centre
07:00 pm	Mahjong	Village Centre

Friday 19 April		
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Church Service - Communion By Request	Reflection Room
I I:00 am	Triple A Functional	Recreation Room
01:00 pm	Table Tennis	Recreation Room
02:00 pm	Mahjong	Village Centre
04:00 pm	Village Host	Village Centre

Saturday 20 April		
01:00 pm	Outdoor Bowls	Bowling Green
01:15 pm	Indoor Bowls	Recreation Room
04:00 pm	Village Host	Village Centre

Sunday 21 April		
04:00 pm	Village Host	Village Centre

### Week Four

Monday 22 April		
09:00 am	Tai Chi	Recreation Room
09:45 am	Tai Chi	Recreation Room
10:30 am	Zumba Gold	Recreation Room
01:00 pm	Table Tennis	Recreation Room
02:00 pm	Cards & Table Games	Village Centre
03:00 pm	Ballet Class	Recreation Room
04:00 pm	Village Choir	Village Centre

Tuesday 2	Tuesday 23 April		
10:00 am	Out & About - Operatunity "Magical Musicals" \$38.00	Village Centre	
10:00 am	Triple A Circuit	Recreation Room	
11:00 am	Triple A Functional	Recreation Room	
01:00 pm	Outdoor Bowls	Bowling Green	
01:30 pm	Knitting Group	Village Centre	

Wednesday 24 April		
09:45 am	Line Dancing	Recreation Room
11:00 am	Church Service - Christian	Reflection Room
02:00 pm	Anzac Day Service	Village Centre
03:00 pm	Pool/ Snooker	Games Room
07:00 pm	Mahjong	Village Centre

### Thursday 25 April

Friday 26 April		
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Church Service - Communion By Request	Reflection Room
I I:00 am	Triple A Functional	Recreation Room
01:00 pm	Table Tennis	Recreation Room
02:00 pm	Mahjong	Village Centre
04:00 pm	Village Host	Village Centre
05:30 pm	Retro Movie "Stagecoach" (1939, 1h 36m) 🏲	Movie Theatre

Saturday 2	7 April	
01:00 pm	Out & About - The Best Exotic Marigold Hotel Show	Reception

01:00 pm	Outdoor Bowls	Bowling Green
01:15 pm	Indoor Bowls	Recreation Room
04:00 pm	Village Host	Village Centre

### Sunday 28 April

04:00 pm Village Host Village Centre

### Week Five

Monday 29 April				
09:00 am	Tai Chi	Recreation Room		
09:45 am	Tai Chi	Recreation Room		
10:30 am	Zumba Gold	Recreation Room		
01:00 pm	Table Tennis	Recreation Room		
02:00 pm	Cards & Table Games	Village Centre		
03:00 pm	Ballet Class	Recreation Room		
04:00 pm	Village Choir	Village Centre		

Tuesday 30 April			
10:00 am	Support Group - Alzheimer's/Dementia Carers Support	Reflection Room	
10:00 am	Triple A Circuit	Recreation Room	
11:00 am	Triple A Functional	Recreation Room	
01:00 pm	Outdoor Bowls	Bowling Green	
01:30 pm	Knitting Group	Village Centre	
02:00 pm	Pop Up Shop - Specsavers	Village Centre	

KEY: - Featured Event. \$ - Paid events. - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.