

APRIL 2024

22.03.24 11:05

M Monday Rāhina		T Tuesday Rātū		W Wednesday Rāapa		T Thursday Rāpare		F Friday Rāmere		S Saturday Rāhoroi		S Sunday Rātapu	
1		2		3		4		5		6		7	
9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views
10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk
11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises
1:30	Out & About - Upper Hutt	1:30	Hand massage	2:30	Salvation Army Service	11:30	Classical music	1:30	Waffle Treat	11:30	Andrei Rieu Music	11:30	Memory Games
3:00	Make & Create - Poppy Art	3:00	Reminiscing Ball Activity	3:00	Pet Therapy	1:30	Mind Benders - Trivia	3:00	Men's Club - Painting	1:00	Movie - Avatar	2:00	Adult Colorings
4:00	Collage Making	4:00	Triple A Exercises	3:30	Social Singing	3:00	Happy Hour	3:30	Social Singing	3:00	Indoor Golf	3:00	Movie - Mr. Bean Holiday
4:00	Triple A Exercises	4:30	Engage Outdoor Walk	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises
6:00	Sing-along	6:00	One News	6:00	Card Games	6:00	One News	6:00	Mind Benders - Dominos	6:00	One News	6:00	Mind Benders - scrabble
8		9		10		11		12		13		14	
9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views
10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk
11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises
1:30	Out & About - Miramar	1:30	Beauty Therapy	2:30	Bible readings	11:30	Classical music	1:30	French Toast	11:30	Andrei Rieu Music	11:30	Memory Games
3:00	ANZAC Craft	3:00	Reminiscing Ball Activity	3:00	Pet Therapy	1:30	Word Search	3:00	Men's Club - Painting	1:00	Movie - Dog	2:00	Adult Colouring
4:00	Group Chats	4:00	Triple A Exercises	3:30	Social Singing	3:00	Happy Hour	3:30	Social Singing	3:00	Indoor Tennis	3:00	Golden Karaoke
4:00	Triple A Exercises	4:30	Engage Outdoor Walk	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises
6:00	Sing-along	6:00	One News	6:00	Crossword	6:00	One News	6:00	Card Games	6:00	One News	6:00	Mind Benders - Trivia
15		16		17		18		19		20		21	
9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views
10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk
11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises
1:30	Out & About - Upper Hutt	1:30	Nail Polish	2:30	Bible Readings	11:30	Classical music	1:30	Banana Smoothie	11:30	Andrei Rieu Music	11:30	Memory Games
3:00	Adult colouring	3:00	Reminiscing Ball Activity	3:00	Pet Therapy	1:30	Mind Benders - Crossword	3:00	Men's Club - Painting	1:00	Sense & Sensibility movie	2:00	Adult Colouring
4:00	Making Photo Albums	4:00	Triple A Exercises	3:30	Social Singing	3:00	Happy Hour	3:30	Social Singing	3:00	Active Games - Parachute	3:00	Movie - Nanny McPhee
4:00	Triple A Exercises	4:30	Engage Outdoor Walk	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises
6:00	Sing-along	6:00	One News	6:00	Poetry Readings	6:00	One News	6:00	Poetry readings	6:00	One News	6:00	Group Puzzles
22		23		24		25		26		27		28	
9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views	9:30	News & Views
10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Anzac Day Service	10:30	Outdoor walk	10:30	Outdoor walk	10:30	Outdoor walk
11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises	11:00	Triple A exercises
1:30	Van Drive - Oriental Bay	1:30	Garden Scents	2:30	Anglican Service	11:30	Classical music	1:30	Ice Cream Treat	11:30	Andrei Rieu Music	11:30	Memory Games
3:00	Making Poppy Craft	3:00	Reminiscing Ball Activity	3:00	Pet Therapy	1:30	ANZAC Quiz	3:00	Men's Club - Painting	1:00	Movie - Sound of Music	2:00	Adult Colouring
4:00	Picture Collage Making	4:00	Triple A Exercises	3:30	Social Singing	3:00	Happy Hour	3:30	Social Singing	3:00	Indoor Basketball	3:00	Group Singing
4:00	Triple A Exercises	4:30	Engage Outdoor Walk	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises	4:00	Triple A Exercises
6:00	Sing-along	6:00	One News	6:00	Dominos	6:00	One News	6:00	Mind Benders - Hang Man	6:00	One News	6:00	Kiwi Trivia
29		30											
9:30	News & Views	9:30	News & Views										
10:30	Outdoor walk	10:30	Outdoor walk										
11:00	Triple A exercises	11:00	Triple A exercises										
1:30	Van Drive in Wellington	1:30	Clay Molding										
3:00	Aqua Painting	3:00	Reminiscing Ball Activity										
4:00	Story Time	4:00	Triple A Exercises										
4:00	Triple A Exercises	4:30	Engage Outdoor Walk										
6:00	Sing-along	6:00	One News										

Key

- ★ Special Event
- Event requires RSVP
Advise your Activities Coordinator

