

April 2024

RYMAN e n g a g e

Special Care

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1	
9.30am	Relaxing music with
	nature sounds
10.00am	News & Views
10.30am	Word search
I I.00am	Triple A
1.30pm	Sing-along with John
3.00pm	Bingo
4.00pm	Triple A

2	
9.30am	Morning talk
10.00am	News & Views
10.30am	70's music quiz
11.00am	Triple A
1.30pm	Mission Bay trip
3.00pm	Chair ball
4.00pm	Triple A
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3	
9.30am	Morning aerobics &
	zumba
10.00am	News & Views
10.30am	Table top activities
11.00am	Triple A
1.30pm	Bingo
3.00pm	Balloon volleyball
4.00pm	Triple A
10	

4	
9.30am	Garden walk
10.00am	News & Views
10.30am	Sing-along
II.00am	Triple A
1.30pm	Brown's Bay trip
3.00pm	Happy Hour
4.00pm	Triple A
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5	
9.30am	Relaxing music with
	nature sounds
10.00am	News & Views
10.30am	Church
11.00am	Triple A
1.30pm	Making pizzas
3.00pm	Bean bag throw
4.00pm	Triple A
10	

6		7	
9.30am	Morning aerobics	9.30am	Gar
	& zumba	10.00am	Ne
10.00am	News & Views	10.30am	Arc
10.30am	Adult colouring	11.00am	Trip
11.00am	Triple A	1.30pm	60's
1.30pm	Village garden walk	3.00pm	Bing
2.30pm	Movie & ice-cream	4.00pm	Trip
4.00pm	Triple A		

7	
9.30am	Garden walk
10.00am	News & Views
10.30am	Aromatherapy
11.00am	Triple A
1.30pm	60's Memory Land
3.00pm	Bingo
4.00pm	Triple A
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8	
9.30am	Relaxing music with
	nature sounds
10.00am	News & Views
10.30am	Word search
II.00am	Triple A
1.30pm	Sing-along with John
3.00pm	Bingo
4.00pm	Triple A

9	
9.30am	Morning talk
10.00am	News & Views
10.30am	Kiwi quiz
11.00am	Triple A
1.30pm	Helensville trip
3.00pm	Chair ball
4.00pm	Triple A
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10	
9.30am	Morning aerobics &
	zumba
10.00am	News & Views
10.30am	Table top activities
11.00am	Triple A
1.30pm	Bingo
3.00pm	Balloon volleyball
4.00pm	Triple A
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9.30am	Garden walk
I 0.00am	News & Views
10.30am	Sing-along
I I.00am	Triple A
1.30pm	Devonport Beach trip
3.00pm	Happy Hour
4.00pm	Triple A
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9.30am	Relaxing music with
	nature sounds
10.00am	News & Views
10.30am	Church
11.00am	Triple A
1.30pm	Making sandwiches
3.00pm	Bean bag throw
4.00pm	Triple A
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10	

9.30am	Morning aerobics	
	& zumba	
10.00am	News & Views	
10.30am	Adult colouring	
11.00am	Triple A	
1.30pm	Village garden walk	
2.30pm	Movie & ice-cream	
4.00pm	Triple A	

14	
9.30am	Garden walk
10.00am	News & Views
10.30am	Aromatherapy
II.00am	Triple A
1.30pm	Paper rocket
	making
3.00pm	Bingo
4.00pm	Triple A

15	
9.30am	Relaxing music with
	nature sounds
10.00am	News & Views
10.30am	World Arts Day trivia
11.00am	Triple A
1.30pm	Sing-along with John
3.00pm	Water colour painting
4.00pm	Triple A

16	
9.30am	Morning talk
10.00am 10.30am	News & Views Sports quiz
11.00am	Triple A
1.30pm 3.00pm	Mangere mountain trip Chair ball
4.00pm	Triple A
23	

Morning aerobics & zumba
News & Views
Table top activities
Triple A
Bingo
Balloon volleyball
Triple A

18	
9.30am	Garden walk
10.00am	News & Views
10.30am	Sing-along
11.00am	Triple A
1.30pm	Around the city trip
3.00pm	Happy Hour
4.00pm	Triple A

19	
9.30am	Relaxing music with
	nature sounds
10.00am	News & Views
10.30am	Church
11.00am	Triple A
1.30pm	Making pancakes
3.00pm	Bean bag throw
4.00pm	Triple A

20		21	
9.30am	Morning aerobics	9.30am	Garden walk
	& zumba	10.00am	News & Views
10.00am	News & Views	10.30am	Aromatherapy
10.30am	Adult colouring	II.00am	Triple A
11.00am	Triple A	1.30pm	Water colour
1.30pm	Village garden walk		painting
2.30pm	Movie & ice-cream	3.00pm	Bean bag throw
4.00pm	Triple A	4.00pm	Triple A

22	
9.30am	Relaxing music with
	nature sounds
10.00am	News & Views
10.30am	Word search
11.00am	Triple A
1.30pm	Sing-along with John
3.00pm	Bingo
4.00pm	Triple A

23	
9.30am	Morning talk
10.00am	News & Views
10.30am	Shakespeare's birthday
	trivia
11.00am	Triple A
1.30pm	Long Bay trip
3.00pm	Chair ball
4.00pm	Triple A
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24	
9.30am	Morning aerobics &
	zumba
10.00am	News & Views
10.30am	Table top activities
11.00am	Triple A
1.30pm	Bingo
3.00pm	Balloon volleyball
4.00pm	Triple A

25	
9.30am	Garden walk
10.00am	News & Views
10.30am	Anzac Day service
11.00am	Triple A
1.30pm	Waiake Beach trip
3.00pm	Happy Hour
4.00pm	Triple A

26	
9.30am	Relaxing music with
	nature sounds
10.00am	News & Views
10.30am	Church
11.00am	Triple A
1.30pm	Making cookies
3.00pm	Bean bag throw
4.00pm	Triple A

1.30pm 2.30pm 4.00pm	Village garden walk Movie & ice-cream Triple A	3.00pm 4.00pm	
27		28	-
9.30am	Morning aerobics	9.30am	
	& zumba	10.00am	
10.00am	News & Views	10.30am	
10.30am	Adult colouring	II.00am	
11.00am	Triple A	1.30pm	
1.30pm	Village garden walk	3.00pm	
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2.30pm Movie & ice-cream 4.00pm Triple A

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28	
9.30am	Garden walk
10.00am	News & Views
10.30am	Aromatherapy
11.00am	Triple A
1.30pm	70's Memory Lane
3.00pm	Bingo
4.00pm	Triple A
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29	

9.30am	Relaxing music with
	nature sounds
10.00am	News & Views
10.30am	International Dance
	Day trivia
11.00am	Triple A
1.30pm	Sing-along with John
3.00pm	Dance marathon

1	30	
nusic with	9.30am	Morning talk
ınds	10.00am	News & Views
ews	10.30am	Beatle's music quiz
nal Dance	II.00am	Triple A
	1.30pm	One Tree Hill trip
	3.00pm	Chair ball
with John	4.00pm	Triple A
rathon		

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30		
9.30am	Morning talk	
10.00am	News & Views	
10.30am	Beatle's music quiz	
I I.00am	Triple A	
1.30pm	One Tree Hill trip	
3.00pm	Chair ball	
4.00pm	Triple A	