

April 2024

RYMAN engage

Resthome

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1	Easter Monday

2	*
9.45am	Morning catch up
10.15am	News & Views
10.30am	Easter egg hunt in the
	lounge - April Fools
1.00pm	Bingo afternoon with
	Lynda
3.00pm	Triple M - Memory
	Lane with Margret

3	*
9.45am	Morning catch up
10.15am	News & Views
10.30am	Triple A exercises wit
	Raissa
11.00am	Men's Club memory
	game
1.30pm	Sing-along with John
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9.45am	Morning catch up
10.15am	News & Views
10.30am	World Health Day -
	smoothie
11.00am	April trivia
1.30pm	Bingo
3.00pm	Happy Hour with Rick
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5	*
9.45am	Morning catch up
10.15am	News & Views
10.30am	Church service
10.30am	Triple A exercises wit
	Raissa
II.00am	Balloon tennis
1.00pm	Out & About with
	Lynda & James

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9.45am	Morning catch up
10.15am	News & Views
10.30am	Triple A exercises with
	Raissa
11.00am	Balloon tennis
1.30pm	Movie in theatre
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9	
9.45am	Morning catch up
10.15am	News & Views
10.30am	A feather in your hat
	making - women's club
1.00pm	Afternoon with Lynda
3.00pm	Triple M with Margret
4.00pm	Musical Moments with
	Lynda

10	*
9.45am	Morning catch up
10.15am	News & Views
10.30am	Triple A exercises with
	Raissa
11.00am	Spice tasting - guess
	the spice
1.30pm	Sing-along with John

TI	
9.45am	Morning catch up
10.15am	News & Views
10.30am	Playdough crafts
11.00am	April trivia
1.30pm	Bingo
3.00pm	Happy Hour with
	Robert

7
Morning catch up
News & Views
Church service
Triple A exercises with
Raissa
Balloon tennis
Out & About with
Lynda & James

13	14	

15	
9.45am	Morning catch up
10.15am	News & Views
10.30am	Triple A exercises with
	Raissa
11.00am	Balloon tennis
1.30pm	Movie in theatre

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9.45am	Morning catch up	9.
10.15am	News & Views	10
10.30am	Making sushi - cooking	10
	club	
1.00pm	Afternoon with Lynda	1
3.00pm	Triple M with Margret	Ι.
4.00pm	Musical Moments	3.

17	
9.45am	Morning catch up
10.15am	News & Views
10.30am	Triple A exercises with
	Raissa
11.00am	Memory game
1.30pm	Sing-along with John
3.00pm	Hand & nail care /
	aromatherapy
24	

18	
9.45am	Morning catch up
10.15am	News & Views
10.30am	Words that start with
	AP - Mind Benders
11.00am	Village walk
1.30pm	Bingo
3.00pm	Happy Hour with Ben

Anzac Day

	-1-
9.45am	Morning catch up
10.15am	News & Views
10.30am	Church service
10.30am	Triple A exercises with
	Raissa
11.00am	Balloon tennis
1.00pm	Out & About with
	Lynda & James

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4	_

9.45am	Morning catch up
10.15am	News & Views
10.30am	Triple A exercises with
	Raissa
11.00am	Balloon tennis
1.30pm	Movie in theatre

23	
9.45am	Morning catch up
10.15am	News & Views
10.30am	Graham and peach
	dessert - cooking club
I.00pm	Afternoon with Lynda
3.00pm	Triple M with Margret
4.00pm	Musical Moments

24	
9.45am	Morning catch up
10.15am	News & Views
10.30am	Arts & crafts - poppies
1.30pm	Sing-along with John
3.00pm	Hand & nail care /
·	aromatherapy

1	20	*
	9.45am	Morning catch up
	10.15am	News & Views
	10.30am	Church service
	10.30am	Triple A exercises with
		Raissa
	II.00am	Balloon tennis
	1.00pm	Out & About with
		Lynda & James

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	9.45am	Morning catch up
	10.15am	News & Views
	10.30am	Triple A exercises with
		Raissa
	11.00am	International Dance
		Day
	1.30pm	Movie in theatre
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30	
9.45am	Morning catch up
10.15am	News & Views
10.30am	Baking banana bread -
	cooking club
1.00pm	Afternoon with Lynda
3.00pm	Triple M with Margret
4.00pm	Musical Moments
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*	Tuesday 2
4.00pm	Musical Moments
3.00pm	Wednesday 3 & 10 Hand & nail care / aromatherapy

	Lynda & James	
* 4.00pm	Every Friday Musical Moments	

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